

PATIENT _____

Acct # _____

IVF Long *Lupron* Protocol w/ BCP's

Month #1. *All IVF appt's should be completed before or during this time of taking BCP's*
 Begin BCP's on _____. Stop BCP's on _____.
 *****Never** take the last week (4th week of pills), if necessary you must go into a
 second pack of BCP's and start with the first pill again!
 Continue taking Prenatal vitamins once daily
 Begin mini aspirin (81mg) on _____ until the 12th week of pregnancy
 Begin Vitamin E 1000 iu (units) on _____ once a day until directed
 Begin **Lupron 10** iu (units) on _____ (upper thigh or abdomen) once daily
 until your *actual* cycle day 1- then it drops down to **5** iu

Month #2. *Call us on the actual first day of your period (Cycle Day 1)!!*
 If your cycle falls on the weekend call our office early on Monday morning!

	Estim. (date)	Actual (date)	Lupron (dosage)	FSH (dose)	HMG (dose)	E2/LH/P4 (bloodwork)
Day 1	_____	_____	_____	_____	_____	\ / Baseline US & E2, LH done on CD1, 2 or 3
Day 2	_____	_____	_____	_____	_____	
Day 3	_____	_____	_____	_____	_____	
Day 4	_____	_____	_____	_____	_____	
Day 5	_____	_____	_____	_____	_____	
Day 6	_____	_____	_____	_____	_____	
Day 7	_____	_____	_____	_____	_____	*US & bloodwork
Day 8	_____	_____	_____	_____	_____	
Day 9	_____	_____	_____	_____	_____	*US & bloodwork
Day 10	_____	_____	_____	_____	_____	
Day 11	_____	_____	HCG 10,000 iu/2 cc IM	_____	_____	* US & bloodwork
Day 12	_____	_____	_____	_____	_____	
Day 13	_____	_____	Egg Retrieval (Progest. supp. begin the night of your retrieval)			
Day 14	_____	_____	Begin Progesterone oil/2cc IM once daily (& Medrol if AH indicated)			
Day 15	_____	_____				
Day 16	_____	_____	Embryo Transfer			
Day 25	_____	_____	Progesterone & Estrogen level (labwork done 1 wk after transfer)			
Day 32	_____	_____	Pregnancy Test (bloodwork done 2 wks after transfer)			

- Notes:
1. Depending on how slow or fast you stimulate with the meds, the calendar dates may change and 1-2 more US's &/or blood work would be needed!
 2. On day of HCG, begin Doxycycline 100mg twice a day (am/pm) x 6 days
 3. On night of retrieval, begin progesterone vaginal suppositories, 100mg/day when you go to sleep until the morning of the transfer. This will help relax the uterus.
 4. Further instructions & teaching of other meds will be reviewed at each office visit and procedure day!! Please call us with any other questions you may have! It's very important to understand and follow this calendar! Thank you!