

DISCHARGE INSTRUCTIONS FOR EGG RETRIEVAL DONOR

1. It is common to have some cramping/abdominal tenderness after the retrieval. A pain prescription will be given to you the day of the retrieval.
 - **Demerol** is a narcotic we may give for pain. You are to take **one pill every 4-6 hours as needed for pain**. You can start using the pain pills shortly after leaving our office if you do not feel nauseous. Please take them with some food or milk so it does not upset your stomach. If you do not wish to use/need the stronger pain pill, **Tylenol ES** may be taken for any discomfort. Please *do not* take any ibuprofen or Aleve for pain.
 - You may have some bleeding for a couple days after the retrieval. If the bleeding increases or becomes worse over the next day or two- please call our office and let the nurse know.

2. No driving today.

2. Continue taking the rest of the **Doxycycline** tablets
 - You may take one pill at lunch and then at dinner time today if you are able to tolerate liquids and food. Please finish your pills twice daily until you complete all of the pills.

3. For the next couple nights, sleep in a recliner or use pillows to raise your upper body.

- 4 If you are experiencing any unusual problems such as: severe/uncontrolled pain, difficulty breathing, trouble voiding, nausea, or vomiting, please call our office during business hours (317-595-3665) or page the nurse or Dr. Donahue promptly (317-367-7855).

5. The nurse will call the day after the retrieval to check on you.