Frozen Embryo Transfer: Estrace Protocol

Month 1

_____ LMP(Cycle Day 1) Start BCPs on ________, Last BCP on ________

_____ CD# ____ Start Lupron 10 IU and continue through CD# 14
       Start mini-Aspirin once daily until pregnancy test

Call the office when menses start. We will schedule you for a CD#14 ultrasound.

Month 2

(Actual) (Est)
_____ CD#1 = 1st day of full flow bleeding
       Take 2 mg of Estrace
       CD#2
       CD#3
       CD#4
       CD#5
       CD#6
       CD#7
       CD#8
       CD#9
       CD#10
       CD#11
       CD#12
       CD#13
       CD#14
   Take 6 mg of Estrace
   **Ultrasound to check lining:** If > 8mm:
       Stop Lupron, Take 6 mg of Estrace, Begin Medrol, Begin
       Progesterone in oil – 1 cc
   _____ CD#15
       Take 6 mg of Estrace, Medrol, Prog in oil – 2 cc
   _____ CD#16
   _____ CD#17
   _____ CD#18
   **Embryo transfer**
       Take 8 mg of Estrace, Prog in oil – 2 cc

From the day after transfer until Pregnancy Test continue to take 8 mg of Estrace & Prog in oil – 2 cc, if pregnancy test is positive continue until instructed to stop.

1 Week after transfer – Check progesterone & estrogen
2 weeks after transfer - PREGNANCY TEST

Medicines

1. Estrace, 2mg, 100 pills
2. Lupron Sub Q 2 week kit
3. Progesterone in oil, 50 mg/ml, # 4 vials
4. Mini-Aspirin
5. Needles/syringes for Lupron and progesterone
6. Medrol, 16 mg, 4 pills (will not take if embryos were frozen at the Blastocyst stage)
7. Prenatal vitamins